



Rio Arriba County Detention Center (RACDC) POLICY 083 INMATE PERSONAL HYGIENE

The Rio Arriba County Detention facility shall implement procedures to ensure that all inmates exercise good personal hygiene habits.

Procedure:

1. The facility shall provide:
 - a. showers, commodes, and sinks;
 - b. personal hygiene items;
 - c. an exchange of inmate clothing and linen on a scheduled basis.

Inmate Personal Hygiene Items

1. Each inmate is responsible for his/her personal hygiene.
2. Indigent inmates will be provided with the following:
 - a. bath soap;
 - b. toilet tissue;
 - c. toothbrush and toothpaste.
3. At admission all inmates will be given the same hygiene items as indigent inmates, thereafter they must be purchased through the commissary program.
4. Inmates are required to shower a minimum of twice weekly.
5. Inmates will be given the opportunity to shower daily if they wish
6. Inmates working as kitchen trustees shall shower at least daily.
7. Inmates suspected of having head or body lice shall be referred to a physician immediately.
8. Detention personnel shall implement instructions from the medical staff to prevent lice from spreading to other inmates.



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9. The Rio Arriba County Detention Facility shall implement disciplinary procedures on inmates who repeatedly refuse to keep themselves clean according to minimum standards.

Inmate Clothing and Linen Exchange

1. Inmate clothing and linen exchange shall be done daily to different sections of the facility.
2. The Chief of Security shall create a schedule that the Laundry trustee shall follow to fulfill this purpose.
3. Kitchen trustees shall have in their possession three uniforms to comply with sanitary conditions of the facility.
4. Clothing exchange shall include:
 - a. 1 shirt
 - b. 1 trouser
5. Linen exchange shall include:
 - a. 1 towel
 - b. 1 blanket
 - c. 2 sheets
6. Inmates shall turn in the soiled clothing and linen before being issued an exchange. Inmates, for the exception of kitchen trustees are allowed to only have one set of inmate uniform in their possession at any given time.
7. Inmates are responsible for all items issued to them.



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Contaminated Clothing and Linen

1. The laundry trustee shall keep contaminated clothing and linen separate from the clean clothing and linen.
2. All contaminated laundry will be washed with approved detergent specified by cleaning standards.